

CHILES RELLENOS

Frozen 100% handmade Chile Relleno with cheese



PRODUCT CODE:

0133

PRESENTATIONS:

30 Ct. / 7 Oz. Frozen 100% handmade Chile Relleno with cheese.

INDIVIDUAL PRESENTATION:

5.2 Oz. (150 g.) to 8.8 Oz. (250 g.)

INGREDIENTS:

Roasted Poblano Pepper, Cheese, Pasteurized Egg White, Wheat Flour, Spices, Vegetable Oil, Salt.

Nutrition Facts / Datos de Nutrición	
Serving Size / Tamaño por Ración 1 piece / 1 pieza (150 g)	
Servings Per Container / Raciones por Envase 30	
Amount Per Serving / Cantidad por Ración	
Calories / Calorías 250	Calories from Fat / Calorías de Grasa 260
% Daily Value* / % Valor Diario*	
Total Fat / Grasa Total 29 g	45 %
Saturated Fat / Grasa Saturada 8 g	40 %
Trans Fat / Grasa Trans 0 g	
Polyunsaturated Fat / Grasa Poliinsaturada 12 g	
Monounsaturated Fat / Grasa Monoinsaturada 9 g	
Cholesterol / Colesterol 15 mg	5 %
Sodium / Sodio 450 mg	19 %
Total Carbohydrate / Carbohidrato Total 12 g	4 %
Dietary Fiber / Fibra Dietética 1 g	4 %
Sugars / Azúcares 0 g	
Protein / Proteínas 10 g	
Vitamin A / Vitamina A 10 %	Vitamin C / Vitamina C 40 %
Calcium / Calcio 15 %	Iron / Hierro 4 %
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
* Los valores de los porcentajes Diarios están basados en una dieta de 2,000 calorías. Sus valores diarios pueden ser mayor o menor dependiendo de sus necesidades caloricas	
	Calories / Calorías 2,000 2,500
Total Fat / Grasa Total	Less than / Menos de 65 g 80 g
Sat Fat / Grasa Saturada	Less than / Menos de 20 g 25 g
Cholesterol / Colesterol	Less than / Menos de 300 mg 300 mg
Sodium / Sodio	Less than / Menos de 2,400 mg 2,400 mg
Total Carbohydrate / Carbohidrato Total	300 g 375 g
Dietary Fiber / Fibra Dietética	25 g 30 g
Calories per gram / Calorías por gramos:	
*Fat / Grasa 9	*Carbohydrate / Carbohidrato 4 *Protein / Proteína 4



CHILES RELLENOS

Frozen 100% handmade Chile Relleno with cheese

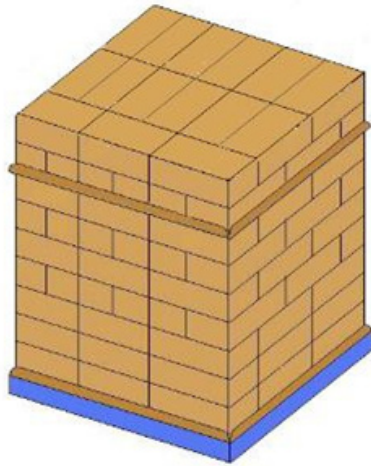


BOX DIMENSIONS:

14 ³/₄ x 7 ¹/₄ x 8 ³/₄

PACKAGING:

Case: 30 Pieces
Bags per case: 30
Cases per layer: 15
Layer per pallet: 9
Case per pallet: 135



HANDLING INSTRUCTIONS:

Keep frozen at 00 F (-180 C)
Shelf life of 12 months stored
at 00 F (-180 C). 10 days
refrigerated at 340 to 400
(4.440 C) once fully thawed.

DEFROST INSTRUCTIONS:

Remove the product that you
want to use from the freezer.
Keep 24 hrs. (Minimum) at a
refrigerated temperature.

COOKING IN MICROWAVE:

Open the bag and place the
Chile Relleno
in a special container for
microwave.
Heat the Chile Relleno in
microwave for 3 to 5 minutes.
Suggestion: Carefully remove
and put in a pan and heat for
2-3 minutes to have a firm
texture.
Serve with your favorite stew
and/or salad (rice, vegetables,
beef, sauce, etc.).

COOKING IN OVEN:

Turn on the oven and pre-heat
at 392°F.
Open the bag and place the
Chile Relleno in a special
container for oven.
Heat the Chile Relleno in oven
for 15-20 minutes.
Carefully remove and serve
with your favorite stew and/or
salad (rice, vegetables, beef,
sauce, etc.).