RIPE BANANA PLANTAIN SLICES

ITEM NO. 0220





PRODUCT DESCRIPTION

Ideal for use as a side dish or the main ingredient in a delicious dessert, these plantains are 100% natural and ripened to the perfect sweetness, sliced and individually frozen to preserve its extraordinary flavor.

INGREDIENTS

Plantains, Vegetable Oil (Soybean Oil).

Product Specifications

UPC:	7 65744 00006 7
Pack:	4/6 Lbs.
Size:	1.2 - 1.5 Oz.
Brand:	Big Banana
Gross Weight:	25.15 Lbs.
Net Weight:	24 Lbs.
Source:	Guatemala
Halal:	No
Kosher:	Yes
Vegan:	Yes
Vegetarian:	Yes
Gluten Free:	Yes
Low Fat:	Yes
Zero Grams Trans Fat:	Yes



Shelf Life & Handling Instructions

Shelf Life (frozen):	24 months
Shelf Life (refrigerated):	5 days
Storage Temp from/to:	≤ -18°C (0°F)
Defrost Temp from/to:	0° to 6°C (32° to 42.8°F)
Do not refreeze.	

Packaging

Length:	15 in
Width:	11.4 in
Height:	6.6 in
Case Cube (ft):	0.65
TixHi:	10x8
Code Date Format:	Julian Code: AA 20 001 / 1 AA = Agroindustrias de Ags. 20 = Year 001 = Day 1 = Period



Nutrition

Nutrition Facts Serving Size 2 slices (76g)

Servings per container 36

Amount Per Serving		
Calories 130		
% Daily V	'alue *	
Total Fat 2.5g	3%	
Saturated Fat 0.5g	3%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 0mg	0%	
Total Carbohydrates 26	g 10%	
Fiber 1g	4%	
Sugars 22g		
Protein <1g		
Vitamin D	0%	
Calcium 3.5 mg	0%	
Iron 0.3 mg	2%	
Potassium 370 mg	8%	
* Percent Daily Values are based on a 2,000 calorie diet.		

Benefits

• An authentic flexible ingredient that can add value and flavor to your food prep ideas.

• Year-round availability and consistent quality at a fixed price.

• No mess, no labor: no waste. Added value ingredient to elevate your menu.

Cooking Instructions

FRYER: Remove desired quantity from packaging. Preheat oil to 300°F. Deep fry for 4 to 5 minutes and set aside to cool.

OVEN: Preheat oven to 400°F. Remove product from packaging and place in an oven safe tray. Heat for 12 to 15 minutes or until golden in color.

MICROWAVE: Remove product from packaging. Microwave on high for 3 minutes.