

# CHEESE PUPUSAS 100% HAND MADE, 5 OZ

ITEM NO. 00155



## PRODUCT DESCRIPTION

An authentic Salvadoran dish made with thick corn tortillas and stuffed with a savory filling, our cheese pupusa is 100% hand made. A great option for entertaining, happy hour menus and buffets, pupusas are often served with curtido, a fermented cabbage relish that usually consists of carrots, onions, spices and garlic.

## INGREDIENTS

Corn Flour, Water, Monterrey Cheese, Mozzarella Cheese, Salt.

## Product Specifications

UPC:	811261001558
Pack:	4/12 ct. ( or 6/12 ct.)
Size:	5 or 3 Oz.
Brand:	FineMex
Gross Weight:	17 Lbs.
Net Weight:	15 Lbs.
Source:	USA
Halal:	No
Kosher:	No
Vegan:	No
Vegetarian:	No
Gluten Free:	No
Low Fat:	No
Zero Grams Trans Fat:	Yes

## Shelf Life & Handling Instructions

Shelf Life (frozen):	6 months
Shelf Life (refrigerated):	10 days
Storage Temp from/to:	≤ -18°C (0°F)
Defrost Temp from/to:	0° to 6°C (32° to 42.8°F)

Do not refreeze.

## Packaging

Length:	12 in
Width:	12 in
Height:	6 in
Case Cube (ft):	0.50
TixHi:	12x8
Code Date Format:	Lot No. and Use by date

## Nutrition

### Nutrition Facts

Serving Size (100g)	
Amount Per Serving	
Calories 220	
% Daily Value *	
Total Fat 7g	9%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 310mg	13%
Total Carbohydrates 29g	11%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 9g	
Vitamin D 0mcg	0%
Calcium 170mg	15%
Iron 1mg	6%
Potassium 114mg	2%

\* Percent Daily Values are based on a 2,000 calorie diet.

## Benefits

- An authentic recipe made in-house, 100% original and delicious.
- Year-round availability and consistent quality at a fixed price.
- No mess, no labor, no waste.

## Cooking Instructions

Preheat grill to 200°F. Heat a griddle over medium-high heat and lightly oil. Grill pupusas for approximately 3 to 4 minutes on each side, flipping occasionally as needed until both sides are browned and golden.

