

# CHEESE TAMALES

100% Hand Made Cheese Tamales. Choice of 6oz or 4oz.



## PRODUCT CODE:

0175 – 6 Oz.  
0175A – 4 Oz.

## PRESENTATIONS:

48/6 Oz. - 48/4 Oz. 48 Ct.  
Frozen 100% handmade raw  
cheese tamales.

## INDIVIDUAL PRESENTATION:

6 Oz. - 5.5 (156 g.)  
to 6.5 (184 g.)  
4 Oz. - 3.5 (99 g.)  
to 4.5 (128 g.)

## INGREDIENTS:

Water, Corn Flour ( Treated with Lime Water),Mozzarella Cheese, jalapenos Pork Lard (BHT & Citric Acid added to improve stability), Margarine (Palm Oil, water, salt, contains 2% of Soy Lecithin, Vegetable Mono & Dyglycerides, Sodium Benzoate [as preservatives] Natural and Artificial Flavor, Beta Caratene [Color Vitamin a Palmitate added], Chicken Bullion (Salt, Sugar, Monosodium Glutamate Corn Starch, Beef Fat, Hydrolyzed Corn Protein, Dehydrated Chicken Meat, Yeast Extract [Barley], Chicken Fat, Natural Flavors, Maltodextrin, Silicon Dioxide [Prevents Caking], Dehydrated Parsley, Disodium Inosinate, Citric Acid, Yellow #5, Annatto [Color], Yellow #6), Salt ( Yellow Prussiate of Soda), Baking Powder (Corn Starch, Bicarbonate of Soda, Sodium Aluminum Sulfate, Calcium, Acid Phosphate).

## Nutrition Facts

Serving Size 1 tamale

Amount Per Serving

Calories 141      Calories from Fat 73

% Daily Values\*

Total Fat 8.06g      12%

Saturated Fat 2.985g      15%

Polyunsaturated Fat 0.854g

Monounsaturated Fat 3.514g

Cholesterol 20mg      7%

Sodium 419mg      17%

Potassium 148mg

Total Carbohydrate 11.07g      4%

Dietary Fiber 1.5g      6%

Sugars 0.61g

Protein 6.13g

Vitamin A 0%      • Vitamin C 2%

Calcium 3%      • Iron 9%

\* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Nutrition Values are based on USDA Nutrient Database SR18

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## BOX DIMENSIONS:

12 x 10 x 6

## PACKAGING:

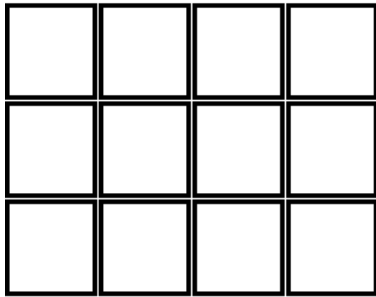
Case: 48 Ct. (6 Oz., 4 Oz.)

Bags per case: 1

Cases per layer: 12

Layer per pallet: 10

Case per pallet: 120



**12 Cases per pallet**

## HANDLING INSTRUCTIONS:

Keep frozen at 00 F (-180 C)

Shelf life of 6 months stored

at 00 F (-180 C). 7 days

refrigerated at 340 to 400

(4.440 C).

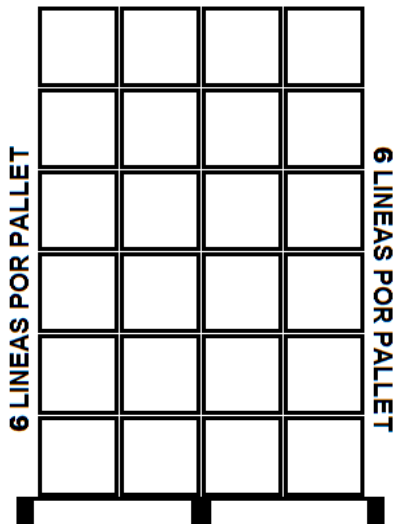
## DEFROST INSTRUCTIONS:

Remove the product that you

want to use from the freezer.

Keep 24 hrs. (Minimum) at a

refrigerated temperature.



## COOKING IN MICROWAVE:

Place the Tamale in a special

container for microwave.

Heat the Tamale in microwave

for 3 to 5 minutes.

Turn every minute for even

heating.

## COOKING IN OVEN:

Place Tamales in steamer and

steam for approximately 30

minutes.