

AVOCADO HALVES

100% Chunky Avocado Halves, Imported from Mexico & Peru.



Nutrition Facts

Serving Size 1 half (80g) frzn

Amount Per Serving

Calories 160 Calories from fat 140

% Daily Value *

Total Fat 16g 24%

Saturated Fat 2.5g 12%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 45mg 2%

Total Carbohydrates 5g 2%

Dietary Fiber 4g 17%

Sugars 1g

Protein 1g

Vitamin A 8% • Vitamin C 10%

Calcium 0% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet.

Ingredients

Avocado, Salt, Citric Acid, Ascorbic Acid

Handling Instructions

Shelf life of 2 years stored at 00F/-18 OC. 8 days refrigerated at 34-40 OF/4.44 OC.

Pack Size

8 bags of 3 lbs., in a 18x12x8 in. case.

